



Keeping Youth Engaged in a Pandemic World: The Impact of Anxiety and How to Overcome It

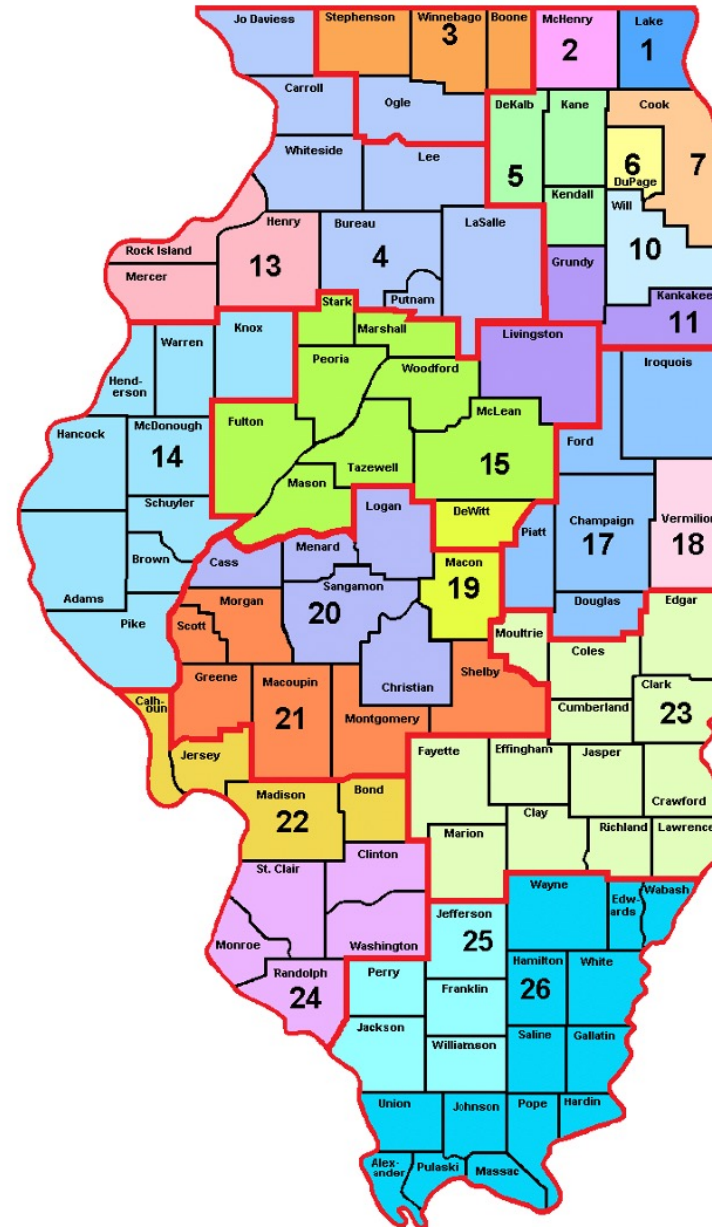
June 9, 2021



Kiersten Baer

- Online Marketing Coordinator
 - Illinois Center for Specialized Professional Support
- kmbaer@ilstu.edu
- 309-438-1838

Where is Your Local Area?



Which partner do you best represent?





Zachary Gibson LCPC, NCC

- Presented at the WIOA Summit 2021



Agenda

10:00

- Presentation Overview and Questions for Consideration
- View Presentation

1:00

- Join us for an engaging discussion



Questions for Consideration

How have you personally adapted to life during & post-pandemic? What adjustments have you made to better accommodate your emotional and professional needs? How might these adjustments be possible and/or challenging for your participants?



Questions for Consideration

Think about a participant who may have had trouble engaging. See if you can identify possible external barriers for engagement rather than placing direct ownership on the person. Systemic barriers? Societal barriers?

Questions for Consideration

Considering the whole person when we support others: How can you support your participants to care for their WHOLE personhood while trying to succeed for program tasks/goals? What's happening in their support circle? Living environment? Community? How can you address systemic stress to improve outcomes? (Referrals, resources, emotional support, etc.)



Questions for Consideration

What programs or systems are requiring you to push participants to move forward? How do these systems accommodate for mental health needs? If they don't, how can you advocate for temporary or permanent systemic change to improve engagement and outcomes for folks?



**Questions or Comments before
we begin?**